Teresa Reuter graduated in 1994 with a degree in architecture from the Technical University Berlin lives and works in Berlin as an architect and media artist. The focus of her diploma was urban wastelands in the divided Berlin like the former Death Strip, the waterside and railway properties. A significant influence on her work since then has been the urban development of Berlin after the Fall of the Wall. In 1997 she founded Group Plan B, an association of Berlin architects in the context of the "InnerCityAction" (InnenStadtAktion Berlin) and she has been involved in numerous "art actions" and artistic interventions in the public domain on themes of surveillance and privatization of public spaces. Institutions like the NGBK, the IBA Lausitz and "La Fabrik" exhibited her thematic city maps, her videosurveillance projects and her scaffolding sculptures. She was a co-founder of metroGap e.V. – Association for Urban Theory and Practice – and was chair of the association from 1999 until 2002. In 2003 she started an office for architecture, visualization and graphics.

Together with Tamiko Thiel she founded the artist team T+T in 2006. Their work crosses the boundaries not only of art, design and technology, but also of politics, history and culture. In 2007 T+T was awarded a major grant from the Hauptstadtkulturfonds (Berlin Capital City Cultural Funds) to create an interactive 3D installation on the Berlin Wall, "Virtuelle Mauer/ReConstructing the Wall." This artwork won the IBM Innovation Award for Artistic Creation in Art and Technology at the 2009 Boston Cyberarts Festival. It was shown extensively in 2009 for the 20th anniversary of the Fall of the Berlin Wall in Europe, including the Berlin City Museum in Germany and LABoral Centro de Arte in Spain. It was sent on tour by the Goethe-Institut in the USA (Boston, Washington D.C., Los Angeles), India (New Delhi, Mumbai, Bangalore) and Sri Lanka (Colombo).

In 2010 she founded the transferNet GbR together with Sabe Wunsch, an association focused on architecture, urbanism, art, politics, history and cultural education. An important part of their artistic practice is the conception and transfer of art projects and participatory workshops. TransferNet | Teresa Reuter | Sabe Wunsch | received awards from the Berlin Project Fund for Cultural Education in 2010 for the participatory workshop "Virtuelle Mauer Goes School" – an art project with students at two secondary schools in Berlin – and in 2011 for the participatory workshop "Im Osten hieß die Disco Disko!" ("In the East Discos were Diskos!") – a research project with young people about music, clubs and youth culture in East and West Berlin during the 80's.

In 2012 Teresa Reuter is a lecturer in scenography at the Beuth Hochschule für Technik, Berlin, Department of Theater and Event Management, using the example of the interactive 3D installation "Virtuelle Mauer/ReConstructing the Wall".